

Live Simply Progress Survey Results – 18 January 2021

“Do you think you are greener than you were this time last year?”



“Which of these do you try to do: 1. Think before you print”



“2. Turn off lights”



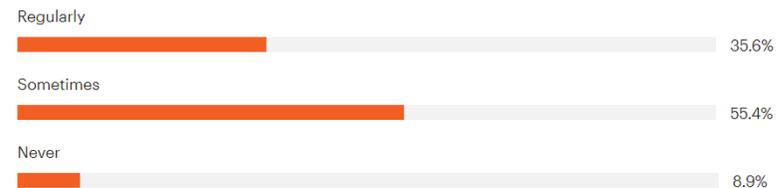
“3. Use LED lightbulbs”



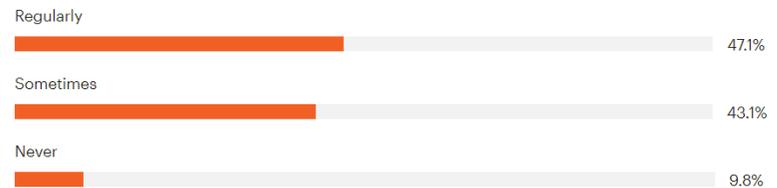
“4. Reduce, reuse, recycle”



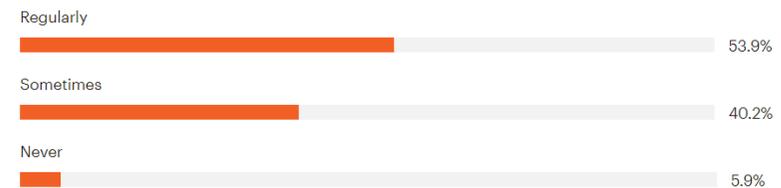
“5. Unplug or turn off your power cords”



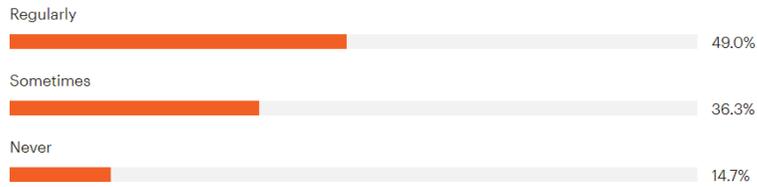
“6. Take shorter showers”



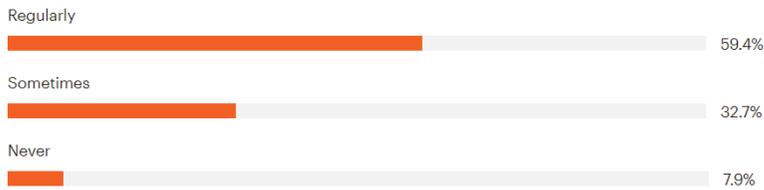
“7. Eat less meat”



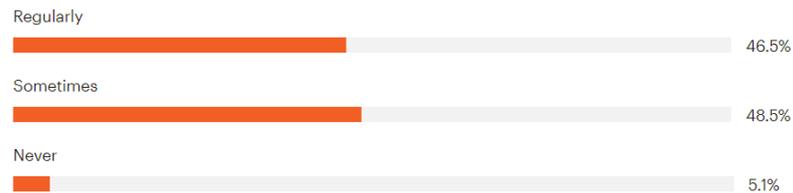
“8. Wash clothes in cold or cooler water ”



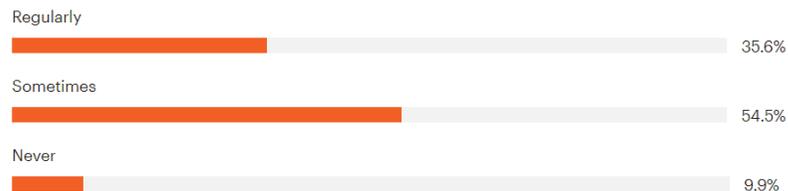
“9. Turn off computers”



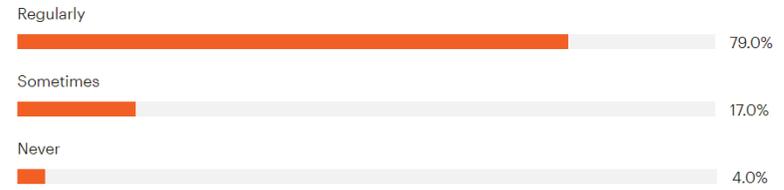
“10. Try to walk or cycle rather than drive”



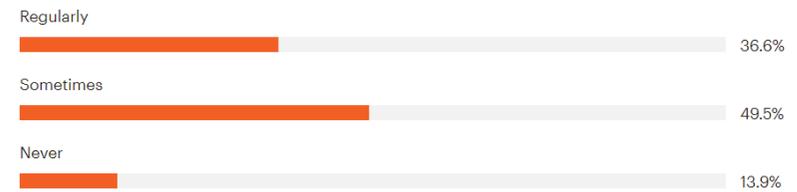
“11. Turn down the heating thermostat and put on another jumper”



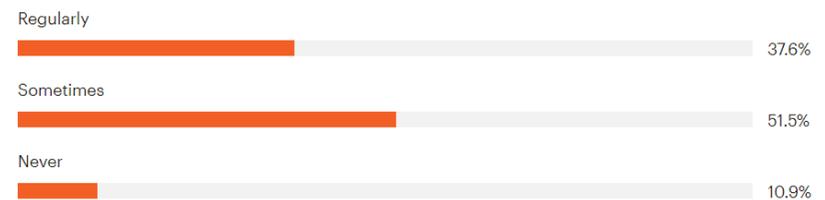
“12. Avoid food waste and compost leftovers”



“13. Use eco-cleaning products”



“14. Try to avoid food air miles”



“15. Support environmental campaigns”



Question 17: What is your eco-resolution for the year ahead?

1. Build a house which will be carbon neutral
2. Waste no food and buy local products where possible.
3. Fit our re-cycling in one bin every two weeks. Not easy with so many home deliveries during lockdown.
4. Avoid buying or using single use plastic where possible.
5. Use car less
6. To stop buying water in plastic bottles for the children
7. Eat a more vegan diet
8. To lessen the amount of plastic used - especially from food packaging
Cut back on buying non-essential items
Recycle wherever possible
Turn off electric plugs when not needed
Turn off lights when not needed
9. Keep healthy , safe and recycle where possible.
10. To build on this year's progress and improve
11. Improve our recycling.
12. Attempt to do better in the areas where I have only answered "sometimes" - thank you
13. To look out for other ways to become greener. I feel I have become a bit stuck and need regular inspiration and new ideas to continue to develop my environmental awareness.
14. To be more self-sufficient by growing fruit an veg. In our garden and eating more plant based foods. Only buying foods we really need. By wearing clothes until they are thread bare or have undarnable holes. Recycling clothes that are too small by giving to charity. Using small quantities of water in kettle for boiling. Watching our air miles.
15. Use less plastic
16. Get greener
17. Use as little plastic wrapped or contained products (including toiletries) as possible
18. To reduce waste overall but particularly food waste.
19. Continue to think and act "green" whenever possible especially with regard to the oceans.
20. To turn a brighter shade of green
21. Use Freecycle more for goods no longer required
22. Generally keep an eye on what we throw away that can be used by others.
23. Plan meals and reduce food/meat shopping.
24. Food air miles
25. Reduce waist
26. I'm old but do what I can to recycle and buy local/British. save electricity ..

27.	Sadly (but truthfully) I haven't made one. I jusy continue as above.
28.	
29.	Shop more often at the zero-waste Store in Hurst Park
30.	More of the same
31.	Be careful with all resources
32.	Try eco cleaning products
33.	drink water, use my 3 water butts for watering the garden. cook what we can eat.
34.	Walk more often instead of driving short distances; increase occasions of turning down the heating & switching off unnecessary lights; increase my attention on recycling, particularly in terms of clothes that I no longer wear.
35.	improve
36.	To unplug the TV etc before bed
37.	Keep listening to ideas and keep trying.
38.	When possible, avoid buying goods wrapped in plastic or in plastic containers.
39.	Whatever is required.
40.	to try harder
41.	Be more efficient with food waste not have any leftovers or wasted out of date food going in the waste bin .
42.	Use the car less
43.	To create some wildlife/bug habitats in our garden.
44.	to regularly turn-off /unplug my power cords.
45.	Continue to move towards a more environmentally friendly lifestyle and, hopefully, influence my family to do the same.
46.	try to cycle to work once a week
47.	Eat less meet and buy local if possible.
48.	Carry on as I have done for years.
49.	Try to be a bit more green as it's by everyone doing a little bit, a lot will be achieved!
50.	Eat even less meat and use .more environmentally friendly cleaning agents
51.	Reduce plastic waste.
52.	Try to eat less meat.
53.	Continue to promote virtual meetings unless in person is strictly necessary rather than rushing back to driving 2000 miles a month
54.	Use reusable coffee cup for take away coffees
55.	To try and do more walking ,buy from farm shops refuse packaging and shop locally .
56.	Look-out for more eco-cleaning products
57.	Follow the leader

58.	To start using food waste compost Take shorter showers Begin to take more notice of environmental campaigns and follow on social media.
59.	travel less (Flying)
60.	To be much more aware. Reuse recycling isn't really a problem. Keeping the meat intake down is more of a challenge. We are trying to keep our meat consumption down to 3 nights a week max. All these questions are relative
61.	To do even better than before.
62.	Keep on doing what we are doing now but mote intensely
63.	Switch energy supplier & drive less
64.	Think about where goods have come from and do I really need it.
65.	To complete the conversion to LED light bulbs. Walk more.
66.	Try to do the best we can.
67.	To further reduce waste, recyclable or not, so that the refuse bins need to be collected on alternate cycles.
68.	Move the energy utilities to green tariffs and continue to reduce single use plastic consumption.
69.	Greater effort to unplug and think before we print!
70.	Keep reducing the use eco safe products in the household, reduce the ingestion of heavy metals in food or water sources.
71.	To ignore all the suggestions as they are a just a green wish list and have nothing to do with living simply. The list is in effect how to make your life more complicated. The parish is simply asking people to make token moves towards a greener life without asking them to make fundamental changes to their lives as this would be asking too much. However tokenism is NOT living simply. The maths alone show that if Britain and Ireland were wiped off the face of the earth tomorrow then the reduction in global emissions would not change. What is needed is efforts by all to increase mitigation and adaptation and this is a much better use of resources. Above all we need to stop reducing the discourse on climate to just a simplistic, linear chain of events which ignores the complexity of the subject. If we really want to live simply we should ignore this exercise in token greenery and give up social media, walk everywhere, stop using screens for some days every week, stop flying, driving etc.
72.	to use public transport whenever possible
73.	Reduce the use of plastics and disposables
74.	I will try to make a more concerted effort to do better
75.	Try and avoid more food waste - have got better but there is always room for improvement.
76.	To use my bicycle to get from A>B as much as possible ...
77.	To learn more about how to be environmentally friendly